

O'Brien County Food Assistance Resources



| Hartley | | | | |
|-------------------------|---|--|---|--|
| Service Type | Name & Location | Contact Information | Days/Hours | Services Provided |
| Food Pantry | Trinity United Church of Christ 140 N Fifth Ave E | 712-728-2889 | 3 rd Wednesday of each month 4:00-6:00 pm | Mobile food pantry with produce, meat, bread, and nonperishable items in a farmers' market-style distribution system. |
| School Backpack Program | Hartley-Melvin-Sanborn Community School District 400 3 rd St. NW (Elem.) 300 N. 8 th Ave. W. (HS) | Elementary School 712-928-2020 High School 712-928-3406 | Ongoing | Food for children who have food insecurities over the weekends and long holidays. |
| Iowa Cafe | Crazy Bob's BBQ 240 N 8th Ave East | Elderbridge Agency on Aging 1-800-243-0678 | Tuesday-Thursday 11:00am-2:00pm, 5:00-9:00pm Friday 11:00 am-2:00 pm, 5:00-10:00 pm Saturday 5:00-10:00 pm | Participants choose their meal from The Iowa Café menu and choose when they will enjoy that meal (based on participating restaurant hours). To participate in The Iowa Café, individuals must be 60 years of age or older, or a spouse of an eligible individual regardless of age. Individuals will be given the opportunity to contribute towards the cost of the meal. Pre-registration required by completing the intake form found at https://docs.google.com/forms/d/e/1FAIpQLScpxt-3cXCZSFYyDrkKv9cqBH4xOMbQbIPU_p6luMh03jVIA/viewform . Once the registration is processed, you will receive a key card in the mail. Participants can choose to use their card at one of the participating restaurants. |
| SNAP Food Retailers | Fiesta Foods 130 3 rd St. NE | SNAP Hotline: 1-855-9443663 | Monday - Saturday 6:30 am - 9:00 am Sunday 8:00 AM - 8:00 PM | The Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency. For questions on qualifications and the application process: <ul style="list-style-type: none"> • Phone: 1-855-944-3663 • Email goodassistanceoutreach@iowafba.org • Web: https://dhs.iowa.gov/how-to-apply |
| | Dollar General 320 3 rd St. NE | | Monday-Sunday 8:00 am-10:00 pm | |
| | Dyno's Convenience Store 361 3 rd St. NW | | Monday-Thursday 5:30 am-10:30 pm Friday-Saturday | |

O'Brien County Food Assistance Resources

| | | | 5:30 am-11:00 pm Sunday 7:00 am-10:00 pm | |
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| Paullina | | | | |
| Service Type | Name & Location | Contact Information | Days/Hours | Services Provided |
| Food Pantry | First Presbyterian Church 103 W Groesbeck St | 712-949-3487 | 3rd Monday of each odd-numbered month 4:00-6:00 pm | Mobile food pantry providing pre-packed boxes containing between 15-20 food items, including produce and meat. Indication of income may be required to qualify. |
| School Backpack Program | South O'Brien School District 216 S Rutledge St. | 712-949-2115 | Ongoing | The Backpack for Kids Project provides food to children who have food insecurities over the weekends and long holidays, as well as emergency new clothing, bedding, and school supplies throughout the year to South O'Brien students in grades PreK-12. |
| SNAP Food Retailers | Prairie Market 120 N. Main St. | SNAP Hotline: 1-855-9443663 | Monday-Saturday 7:30 am-8:00 pm Sunday 10:00 am-5:00 pm | The Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency. For questions on qualifications and the application process: <ul style="list-style-type: none"> • Phone: 1-855-944-3663 • Email goodassistanceoutreach@iowafba.org • Web: https://dhs.iowa.gov/how-to-apply |
| | Casey's General Store 222 N. Clark St. | | Monday-Sunday 5:00 am-11:00 pm | |
| | Dollar General 5629 460 th St. | | Monday-Sunday 8:00 am-10:00 pm | |
| Primghar | | | | |
| Service Type | Name & Location | Contact Information | Days/Hours | Services Provided |
| Food Boxes | Upper Des Moines Opportunity 140 2 nd St. SE | 712-957-1023 | Tuesdays 8:30 am – 3:30 pm | Emergency food services for families in crisis, provides a 3-5- day food supply. Bread, surplus food items, meat , and produce (seasonally) are available to registered families once a week. Items vary. Proof of address may be required. |
| Food Pantry | Veterans Affairs O'Brien County Courthouse 155 S. Hayes Avenue | 712-957-0031 | Monday-Thursday 8:30 am-4:00 pm | Food pantry for veterans and immediate family members. Non-perishable food items available; meat on occasion. Drop-off services available in Sheldon. |

O'Brien County Food Assistance Resources

| School Backpack Program | South O'Brien School District 216 S Rutledge St. Paullina | 712-949-2115 | Ongoing | The Backpack for Kids Project provides food to children who have food insecurities over the weekends and long holidays, as well as emergency new clothing, bedding, and school supplies throughout the year to South O'Brien students in grades PreK-12. |
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| SNAP Food Retailers | Bob and Scott's Grocery 110 1 st St. NE | SNAP Hotline: 1-855-9443663 | Monday-Friday 7:00 am-7:00 pm Saturday 8:00 am-5:00 pm Sunday 10:00 am-2:00 pm | The Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency. For questions on qualifications and the application process: <ul style="list-style-type: none"> • Phone: 1-855-944-3663 • Email goodassistanceoutreach@iowafba.org • Web: https://dhs.iowa.gov/how-to-apply |
| Sanborn | | | | |
| Service Type | Name & Location | Contact Information | Days/Hours | Services Provided |
| School Backpack Program | Hartley-Melvin-Sanborn Community School District 509 Main St. (Middle School) | 712-930-3281 | Ongoing | Food for children who have food insecurities over the weekends and long holidays. |
| Dinner Date | Jay's Restaurant 120 W 7th St. | 712-930-3886 | Monday-Friday 11:30 am-12:30 pm | Dinner Date meals are nutritious dinners provided for community members who may or may not be able to afford them otherwise. The price for the meal for those age 60+ is a suggested voluntary donation. The recommended cost is \$6.50. |
| SNAP Food Retailers | Sanborn Foods 302 Main St. | SNAP Hotline: 1-855-9443663 | Monday-Saturday 7:00 am-6:00 pm Closed Sunday | The Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency. For questions on qualifications and the application process: <ul style="list-style-type: none"> • Phone: 1-855-944-3663 • Email goodassistanceoutreach@iowafba.org • Web: https://dhs.iowa.gov/how-to-apply |
| | Dollar General 702 N. Eastern | | Monday-Sunday 8:00 am-10:00 pm | |
| | Casey's General Store 510 W. 7th St. | | Monday-Sunday 5:00 am-10:00 pm | |

O'Brien County Food Assistance Resources

| Sheldon | | | | |
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| Service Type | Name & Location | Contact Information | Days/Hours | Services Provided |
| Food Pantry | Living Water Church 610 2 nd Ave. | 712-541-1502 | First Monday of every month (except holidays) 4:30-6:00 pm | Bring a box to pick up your food. |
| Food Boxes | Northwest Iowa Community College- Thunder Cupboard 603 W. Park St. | tcupboard@nwicc.edu | By appointment only | NCC students in need can receive a bag of groceries and personal care items. Email NCC-Thunder Cupboard to make an appointment. Throughout the year, there will be "open cupboard" dates when students can visit Thunder Cupboard without an appointment. Email NCC-Thunder Cupboard for times and availability of open cupboard dates. |
| Food Boxes | Love, Inc. 611 Park Row Ave. | 712-324-9707 | Monday 8:30 am-5:00 pm Tuesday-Friday 8:30 am-12:30 pm Closed Saturday & Sunday | Traditional food boxes are distributed annually at fellowship events by several area churches during the Easter season. Referrals for emergency food assistance provided throughout the year. |
| Community Meal | Living Water Church 610 2 nd Ave. | 712-541-1502 | Every 3rd Monday 5:30-6:30 p.m. | Free meal and free bag of groceries distributed following the meal. |
| School Backpack Program | East Elementary School 501 Normal College Ave. | 712-324-4337 | Ongoing | Families who are enrolled in the Free and Reduced School Lunch program are also eligible for the School Backpack program, which provides food to children over weekends and long holidays. Eligible families must contact the school office to sign up for this free program. |
| Summer Food Service Programs | Sheldon Community School District 2023 location TBD | 712-324-2501 | May – August Monday-Friday 11:30 am-12:30 pm | Free meals during summer months for kids 18 and under. Call Sheldon Community Schools for more information, including location of meal site. |
| | Sheldon United Methodist Church 506 8 th Street | 712-324-4893 | (Summer months) Excluding holidays (Every week day) 11:30 a – 1:00 p | Free meals during the summer months. |
| SNAP Food Retailers | Plaza Queretana 813 3rd Ave. | SNAP Hotline: 1-855-9443663 | Monday-Sunday 9:00 am-8:00 pm | The Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and |

O'Brien County Food Assistance Resources

| | Casey's General Store 504 2nd Ave. Casey's General Store 1401 Park St. Dollar General 107 N. 4th Ave. Kwik Star 1521 Park St. Hy-Vee 1989 Park St. Fareway 2603 Park St. | | Monday-Sunday 5:00 am-10:00 pm Monday-Sunday 5:00 am-10:00 pm Monday-Sunday 8:00 am-10:00 pm Open 24 hours Monday-Sunday 6:00 am-11:00 pm Monday-Saturday 8:00 am-9:00 pm Closed Sunday | move towards self-sufficiency. For questions on qualifications and the application process: <ul style="list-style-type: none"> • Phone: 1-855-944-3663 • Email goodassistanceoutreach@iowafba.org • Web: https://dhs.iowa.gov/how-to-apply |
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| Sutherland | | | | |
| Service Type | Name & Location | Contact Information | Days/Hours | Services Provided |
| Dinner Date | Willoway Complex 409 Ash St. | 712-446-2599 or 712-577-7696 | Monday-Friday 11:30 am. | Individuals ages 60 and above may purchase a wholesome meal at a reduced rate. Recommended cost is \$5.00. Those under age 60 will pay the full rate of \$8.58. Call for a dinner reservation either the day before or by 12:00 p.m. the day you plan to attend Dinner Date. New attendees will receive their first meal free. Carry-out and delivery is available. Funding provided by Elderbridge Agency on Aging. |
| School Backpack Program | South O'Brien School District 216 S Rutledge St. Paullina | 712-949-2115 | Ongoing | The Backpack for Kids Project provides food to children who have food insecurities over the weekends and long holidays, as well as emergency new clothing, bedding, and school supplies throughout the year to South O'Brien students in grades PreK-12. |
| Food Boxes | Willoway Complex 409 Ash St. | 712-446-2599 | Contact for availability | Senior-friendly monthly food box. Indication of income may be required to qualify. Please inquire regarding specific income eligibility requirements |
| SNAP Food Retailers | Main Market 100 W. 2 nd St. | SNAP Hotline: 1-855-9443663 | Monday-Saturday 8:00 am-6:00 pm Closed Sunday | The Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency. For questions on qualifications and the application process: <ul style="list-style-type: none"> • Phone: 1-855-944-3663 • Email goodassistanceoutreach@iowafba.org • Web: https://dhs.iowa.gov/how-to-apply |

O'Brien County Food Assistance Resources



Other Food Assistance Resources

WIC

WIC gives you access to healthy food, nutrition education and breastfeeding guidance. If you're pregnant, a caregiver, or a mom with a child under 5, you can get the right personalized support for you and your family. Caregivers with a low to medium income and those who are part of other programs such as foster care, medical assistance, or SNAP are eligible. To learn more, visit <https://idph.iowa.gov/wic/how-to-apply> or call 515-281-6650.

School Lunch and Breakfast Programs

The National School Lunch Program (NSLP) is a federally assisted meal program operating in public and nonprofit private schools and residential childcare institutions. It provides nutritionally balanced, low-cost, or free lunches to children each school day.

The school breakfast program is a federally funded program that assists schools and other agencies in providing nutritious breakfasts to children at reasonable prices. The United States Department of Agriculture is responsible for overseeing the program nationally. In Iowa, the program is administered by the Iowa Department of Education, Bureau of Food and Nutrition.

For eligibility guidelines, visit <https://www.fns.usda.gov/cn/income-eligibility-guidelines>. Check with your school district to apply.

Transportation Services

Regional Transit Authority (RIDES)

RIDES is a private non-profit agency established 1976 and is governed by a Board of Directors. The Board of Directors consists of a County Supervisor from each of the counties that RIDES serves, as well as a member from Northwest Iowa Planning and Development Corporation. Hours of operation vary and are subject to change. To ensure a ride, a 24-hour advanced reservation is recommended. Rides is a cashless system as of July 1, 2021. For information about establishing a My RIDES Account and services provided, call [712-262-7920](tel:712-262-7920) or [1-800-358-5037](tel:1-800-358-5037).

Website: www.nwiarides.org/